



TODAY'S MAPLE NEWS



Main Office 847-400-8900

Health Office/Attendance Line 847-400-8908

Upcoming Calendar Events

Monday, April 5

- A Day

Tuesday, April 6

- B Day

Wednesday, April 7

- A Day

Thursday, April 8

- B Day

Friday, April 9

- B Day

Friday, April 16 UPDATE

- Full Day School Improvement
NO STUDENT ATTENDANCE

PTO SAVE THE DATE

- Tuesday, April 20
See page 6 with details.

MASK UP

MUSTANGS

Face masks are required for both parents and students on school grounds at all times.



Maple Virtual Backpack

ISA/IAR TESTING INFORMATION

Beginning next week, remote students will be given the ISA and IAR assessments for the school year. All testing will be done at Maple School. Below are the dates for each grade level to test:

IL Science Assessment (ISA) for Fully Remote Students

Grade 5 on April 7

Grade 8 on April 8

IL Assessment of Readiness (IAR) for Fully Remote Students

Grades 3, 5, 6 on April 12 and April 14

Grades 4, 7, 8 on April 13 and April 15

All Remote learners coming for testing will need to self-certify by 8:30 am the morning of testing. Please follow the instructions for arrival, lunch and dismissal times in the email you received. If you haven't received an email, contact assessment@district30.org as soon as possible.

[2021 Assessment Letter](#)

[Assessment Calendar](#)

ATTENTION 6 & 7 GRADE PARENTS

Scheduling for Creative Arts classes is about to begin for the 2021 - 2022 school year. Parents should have received an email with an attached Creative Arts interest form. Students and parents are encouraged to collaborate when filling out the form.

Please understand this form is **NOT** a guarantee of specific classes. We will do our best to accommodate students' interests. If you have not received an email, please contact Andy Kohl at akohl@district30.org

Forms are to be filled out and returned electronically by Friday, April 2. Thank you for supporting our scheduling process.

DEAR 5TH GRADE PARENTS

Maple World Language teachers recently visited the fifth grade classrooms in order to share information about the French, Chinese, and Spanish programs at Maple. A letter, via email, was sent on April 1, to all 5th grade parents in reference to the classroom visits at Maple. You may select a world language for your student by clicking [here](#) to access the Google Form. Please complete this no later than **April 8, 2021**. If you have any questions please contact Maple School. Thank you.

DAILY RUVNA CERTIFICATION

Hybrid and daily students must have their RUVNA questionnaire completed by 8:30 am every day. This applies when students are in person, attending remotely, and absent from school. Your attention to this is greatly appreciated.

TRAVEL

If you are traveling, please complete the [Student Spring Break 2021 Survey](#). If your travel involves the need for quarantine, you will receive additional information regarding return to school protocols. If the need for unplanned travel occurs at a later date, please fill out the form at that time.

Call 847-400-8908, or email kweissler@district30.org at the health office to determine when your student may return to in-person learning.

Northbrook/Glenview School District follows the Cook County Department of Public Health (CCDPH) for COVID-19 guidance. For continuity, CCDPH will follow the Travel Order of the City of Chicago [on this webpage](#).

DISTRICT 30 SUMMER SCHOOL REGISTRATION

D30 Summer School 2021

Get excited for summer! There is still time for D30 families to [register](#) for the 2021 summer school! At this time the summer school program is not at full capacity. Registration for out-of-district families has been postponed until further notice. Please note, registration will close once we reach maximum enrollment.



If you have already registered your child for in-person learning or remote learning, you should have received an email with the details regarding payment. If you did not receive this information, please email summerschool@district.org. As always, please do not hesitate to email summerschool@district30.org with any questions or concerns.

5TH GRADE PARENT ORIENTATION

Please join us for the 5th Grade/Incoming 6th Grade Parent Orientation Presentation. The orientation video will be posted on the Maple website on April 14 at 6:30 pm and will be available for viewing anytime.

MAPLE LMC NEW

All 2021 Caudill/Lincoln Readers: **The deadline to submit all your books is April 23, 2021.**

Don't forget to submit a separate form for EACH book that you read from the Caudill/Lincoln lists. [Click here](#) for the submission form.

Read all 20 Rebecca Caudill titles to earn an award at the end of the year!

2022 Rebecca Caudill Award Young Readers' Award Nominee List has been released.

You may start reading these books now in preparation for next year's voting and Maple award. Click here for the [2022 RC LIST](#).



*Click [HERE](#) for complete details and to watch book trailers in the **Maple LMC Newsletter!**

MAPLE YEARBOOK

Order your copy today! [Maple Yearbook](#)



MAPLE WELLNESS CORNER

Dear Maple Families,

Welcome back to the Maple Wellness Corner! Last time, we reviewed the importance of sleep and the impact it can have on students' mental health and academic performance. A factor that often impacts the amount of sleep a child gets is their use of technology.

Topic of the Week: Screen Time and Technology

As children grow older, they are exposed to more screens through television, video games, and social media.

According to the American Psychological Association, children ages 8-12 spend about 4 hours and 44 minutes a day on screens, while children between 13-18 spend about 7 hours and 22 minutes a day on screens (not including school work). Technology has several educational benefits when used in moderation and can help students form social connections. However, it is important to be mindful of the potential adverse impact of excessive screen time.

Research suggests excessive screen time and lack of sleep can cause heightened impulsivity in children. Overuse of screens can also impact mental health. Studies show that children who exercise for at least one hour a day, sleep 8-10 hours a night, and use screens and technology for entertainment for less than two hours a day present with the best mental health and cognitive outcomes.

Screen Time Strategies

1. Agree on screen time rules: Work with your child to set reasonable expectations or consider creating a family screen time "contract".
2. Technology bed times: As mentioned in the last issue of the Wellness Corner, preventing your child from being distracted by screens at night can help them get the sleep they need.
3. Encourage your child to spend more time on other activities: extracurriculars, outdoor activities, and face-to-face time with peers can help balance the amount of time they spend on screens.

4. Model appropriate screen use: Parents can be great examples of appropriate screen use. This can include putting phones away at the dinner table, keeping screens out of reach at bedtime, or putting phones in "Night Mode" or "Do Not Disturb" mode to stop notifications from disturbing sleep.
5. Experts recommend a mindful approach to managing screen time. Simply banning screen use may backfire, so working with your child to help them learn how to self-regulate is important.

5 ESSENTIALS SURVEY

Dear Maple Parents/Guardians,



This is a reminder to participate in the parent survey supplement, part of the Illinois 5Essentials Survey administration. We guarantee that survey responses will *never* be connected to the identity of you or your child. School reports will only present aggregated information of how parents and students responded as a whole.

A parent survey report will be generated if at least 20 percent of parents respond to the survey. While the parent data will not be made public, the parent report will be made available to Mr. Kurtz and Dr. Wegley and will enable them to make considerations based on the responses given by Maple parents. Your participation in the parent survey will help us understand the conditions at your child's school and guide improvement. Again, your identity and individual survey responses will be kept completely confidential and will never be connected to you or your child.

Teachers and 4th through 12th graders throughout Illinois are taking the teacher and student 5Essentials Survey. School-level 5Essentials Reports will be generated if teachers and/or students meet their 50 percent response-rate thresholds. These research-based reports will be sent to schools and districts in March and will also be included in the State School Report Card, released statewide in the fall.

The last day to participate in the survey will be Friday, April 2, 2021. Please visit <https://survey.5-essentials.org/Illinois/> to take the parent survey.

If you have any questions about the survey, please contact 5Essentials Customer Support at 1-866-440-1874 or impact-surveys@uchicago.edu.

Sincerely,

Sam Kurtz

Principal, Maple School

STAFF RECOGNITION MESSAGES

The District 30 community has regularly demonstrated its unity, care, and appreciation through countless acts of kindness over the years. During a year in which added stress has impacted all of our lives, it is particularly important to take time to find and spread joy to those we are grateful for. Please consider completing [this Google Form](#) with as many messages to the Maple staff as you'd like. Any messages submitted will be shared with the designated staff member.



MAPLE HOMEWORK GRIDS (Updates Weekly)

In an effort to streamline information to our Maple families, our staff has created a single location where all homework can be located for the week for all 6th through 8th grade staff. Please review the Maple Homework Grids.

Please understand that due to changes in teachers' daily lesson plans, homework assignments, and assessments due dates are subject to change.

STRENGTH IS IN THE "SOCIALLY DISTANCED" HERD



As our hybrid in-person and remote learning continues, the Maple P.E. Department would like to thank our community members for their ongoing efforts to support all learners as they strive to make healthy choices, practice mindfulness, and remain physically active. The benefits of being physically active continue to evolve as new data becomes available.

Our goal as a department continues to be to provide students with lifelong learning opportunities designed to educate and increase their individual fitness levels and overall personal well-being.

Please click on the link below to access supplemental reading materials that are shared with students through our P.E. website. Articles are added weekly, so please bookmark this link for future reference. Each article addresses the many benefits and helpful tips for either starting or sustaining a physically active lifestyle during the ongoing COVID-19 Pandemic.

[Benefits of Being Physically Active During Remote Learning, E-Learning, or Hybrid Learning](#)

We are One Herd! Maple P.E.

TEXT A TIP

Dear Parents and Guardians,

Maple School will continue implementing **Text-A-Tip** this school year. With Text-A-Tip, students can send a text message to reach out for help for themselves or friends. The resource allows teens to find anonymous, immediate help if they or their friends are struggling with depression, bullying, difficult family situations, drug or alcohol abuse or any of the many challenges they face today. The service is available 24/7, is completely anonymous, and is staffed with local counselors to support teenagers (and others) who have a concern or a crisis.

We have again partnered with Glenbrook High Schools, Village of Glenview, the Village of Northbrook, and LEAD (Leading Efforts Against Drugs), a Lake Forest-based nonprofit organization focused on promoting healthy family relationships and preventing alcohol and drug use and other risky behaviors by youth. We care deeply about your children's safety, security, and well-being. The care and support we provide within Maple during school days will continue to be available. We want students to know that help is available to them anytime they need it, simply from the touch of their phone. The school will be actively promoting this new resource directly to students, but we also want parents to be aware of its availability.

How It Works:

To use this service, students text "MAPLE" to the number 1-844-823-5323., and they will receive an immediate response providing further guidance. This is completely anonymous. The counselor cannot see the student's name or phone number, so he or she can feel absolutely safe reaching out for the help. In addition, a Text-A-Tip app is available for downloading on iTunes and Google Play.

Anyone who sends a text message will receive an immediate text response from a trained, professional counselor. Counselors are provided by LEAD (Linking Efforts Against Drugs). Thanks to a system that routes calls through a cloaking server, texters are completely anonymous, allowing teens freedom to reach out for help without fear. In the case of a life-threatening condition, emergency responders will be notified and be given as much information as is available to help the person in need.

Who Should Use Text-A-Tip?

Text-A-Tip is available for communication of any kind of concern, though it is primarily intended for community members to use when they need immediate mental health assistance or have a drug/alcohol abuse concern for themselves or a friend. Adults can partner with their students to use the service as well to report concerns. Should you have any questions regarding this support service, please do not hesitate to contact us at 847-400-8900.

Sincerely,

Mr. Sam Kurtz and Ms. Betty Holzkopf, Ed.S



Maple School Text-A-Tip

Scan Code or
Text MAPLE to
1-844-823-5323



Safe.
Anonymous.
Always Available.
24/7 365

Get Help for yourself or for a friend!

SAVE THE DATE

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| The logo for Maple Wescott Willowbrook PTO. It features the letters "PTO" in large, bold, black font, with "MAPLE WESCOTT WILLOWBROOK" in smaller text below it. Below that is a graphic of five stylized human figures in a circle, with one figure having a heart symbol on its chest. At the bottom, it says "North Shore Family Services". | <p>Developing Executive Functioning Skills in Children</p> <p>Tuesday, April 20, 2021 7:00 p.m.</p> <p>Zoom Meeting ID: 849 9154 4093 Zoom Passcode: 679193</p> |
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MAPLE PTO WELCOMES THE FOLLOWING PARENTS TO THE UPPER BOARD

Janelle Duthie, co-president

Julie Yarosh, co-technology

Natascha Riesco, treasurer

Reem Given, co-committees

On behalf of the PTO, we offer them a warm welcome and huge thank-you for taking on these roles and joining the existing group of volunteers. We will begin our transition in the next few weeks. A huge thank you to our exiting board members, which include Sonia Rizki, Sparling Mark and Jennifer Marsh. Thank you for all your time, efforts and thoughtful contributions to the Maple PTO.

A special thank you to our nominating committee too - Danielle Pollack, Marla Morgen and Michelle Hacker-King. Your time and efforts are greatly appreciated!

NORTHBROOK PARK DISTRICT LACROSSE PROGRAM WANTS YOU

Please take a few moments to watch this informative video from Coach Justin Georgacakis regarding the Northbrook Park District Lacrosse Spring season program.

[LCROSSE PROGRAM INFORMATION](#)



MAPLE MARQUEE

HOME OF THE MUSTANGS!

April 1, 2021