



TODAY'S MAPLE NEWS



Main Office 847-400-8900 Health Office/Attendance Line 847-400-8908

Upcoming Calendar Events

Monday, April 19

- A Day

Tuesday, April 20

- B Day

Wednesday, April 21

- A Day

Thursday, April 22

- B Day

Friday, April 23

- B Day

PTO SPEAKER SERIES

- **Tuesday, April 20, 7:00 pm**

See page 6 with details.

PTO Dine Out Day

- **Thursday, April 22,**

See page 7 for the flyer.

8th Grade Graduation Fundraiser

See page 8 for details.

MASK UP MUSTANGS

Face masks are required for both parents and students on school grounds at all times.



Maple Virtual Backpack

STUDENT REGISTRATION FOR THE 2021-22 SCHOOL YEAR

District 30 will soon begin online student registration for next school year!

- Discounted online registration begins April 26.
- To assist with planning for next year, parents will need to complete the first registration form *Student Learning Status for the 2021-22 School Year* by May 7, 2021. Completing all of the registration process is encouraged.
- Directions and access information for online registration will be mailed directly to families.
- The registration process, including payment, must be completed in order for classroom teacher assignments and advisory/locker assignments to be generated.
- It is recommended to sign into your [Parent Portal](#) account before registration opens. Please visit district30.org/parents/parentportal to view many guides about [Parent Portal](#) and resetting your account, if you are unable to sign in.

DEAR 8th GRADE FAMILIES

Our Sunday, May 30th graduation ceremony is quickly approaching, and we are thrilled to host a celebration to recognize our students' achievements. This is a friendly reminder to please review [this year's graduation information](#). As more details become available regarding the ceremony and potential 8th grade party, we will be sure to communicate them promptly.

If you have not already done so, please complete the online [2020-2021 Graduation Response Form](#) to indicate how many attendees you expect and if there are any additional needs **no later than Friday, April 30, 2021.**

Thank you for your partnership throughout this year, and we look forward to celebrating your students very soon!

CATCH PRESENTS A COMMUNITY EVENT:

Community Action Together for Children's Health presents: "Enough with the Consequences" with Dr. Ross Greene, Best-selling Author and Psychologist. Please join us and Dr. Greene on Tuesday, May 4th, 7:00 pm for this virtual event. Click [HERE](#) to register.



DAILY RUVNA CERTIFICATION

Hybrid and daily students must have their RUVNA questionnaire completed by 7:30 am every day. This applies when students are in person, attending remotely, and absent from school. Your attention to this is greatly appreciated.

TRAVEL

For any future travel, call the health office at 847-400-8908, or email kweissler@district30.org to determine when your student may return to in-person learning.

Northbrook/Glenview School District follows the Cook County Department of Public Health (CCDPH) for COVID-19 guidance. For continuity, CCDPH will follow the Travel Order of the City of Chicago [on this webpage](#).

5TH GRADE PARENT ORIENTATION

The orientation video will be posted at the Maple website on April 14, 6:30 pm, and will be available for viewing anytime.



MAPLE LMC NEW

All 2021 Caudill/Lincoln Readers: The deadline to submit all your books is April 23, 2021.

Don't forget to submit a separate form for EACH book that you read from the Caudill/Lincoln lists. [Click here](#) for the submission form.

Read all 20 Rebecca Caudill titles to earn an award at the end of the year!

MAPLE WELLNESS CORNER

We hope you have been doing well and enjoying the nicer weather! This week, we want to talk about an important student skill that middle schoolers can learn throughout their time at Maple.

Topic of the Week: Time Management

Time management is defined as a thinking skill that helps us make good sense of how long it might take to do something, along with how to complete tasks on time. As students move up in the grades and become more independent, supporting their acquisition of time management skills can help them avoid feeling overwhelmed by schoolwork and promote strategies that will help them meet due dates. In other words, time management is all about planning and controlling the amount of time we spend on specific tasks. Here are some ideas for helping your student build up their time management skills:

1. **Master Schedule:** Assist your child in creating a schedule for their week that includes time at school, extracurricular activities, meals, and free time. Then, have them reflect on when they usually do their schoolwork and brainstorm possible changes. For example, if they have an after-school activity on Wednesday, maybe they can get a head start on schoolwork on Tuesday. Have them try these ideas out by adding them to their schedule and following it for a week.
2. **Break it Down:** Encourage your student to break down larger assignments into smaller, more manageable tasks. Students can make a list of tasks and cross them off as they go to see their progress and avoid procrastination.
3. **Reduce Distractions:** Distractions like technology, games, background noises, and more can interrupt valuable homework time. Help your student create a distraction free zone and reflect on how much faster they can get their work done, ultimately giving them more free time.
4. **Brain Breaks:** Although focusing on tasks is important, working nonstop without breaks is not recommended. Help your student set small goals for themselves to manage time. For example, "I will work on math homework for 20 minutes and then give myself a 5-minute break, then repeat". The break can serve as a motivator to stay on-task.
5. **Get Ready-Do-Done:** Experts have developed this method to help students practice executive functioning skills, including planning and time management. Students "plan backwards" to identify the steps they need to take to accomplish their goal:
 - Step 1: Visualize what the final homework product will look like. (e.g., I will have three paragraphs written for my story).
 - Step 2: Make sure you have all the materials you need to get to the finished product. (e.g., iPad, pencil, paper, book).
 - Step 3: Identify the steps you need to get to the final product. (e.g., Think of a topic, create the intro paragraph, etc.)
 - Step 4: Start the assignment and follow the outlined steps.
 - Step 5: Submit the assignment once complete and mark it off your list.

For more resources related to executive functioning and Get Ready-Do-Done, visit this link:

<https://efpractice.com/index.php/25-team/94-sarah-ward-ms-ccc-slp>

DISTRICT 30 SUMMER SCHOOL REGISTRATION

D30 Summer School 2021

Get excited for summer! There is still time for D30 families to [register](#) for the 2021 summer school! At this time the summer school program is not at full capacity. Registration for out-of-district families has been postponed until further notice. Please note, registration will close once we reach maximum enrollment.

If you have already registered your child for in-person learning or remote learning, you should have received an email with the details regarding payment. If you did not receive this information,



please email summerschool@district.org. As always, please do not hesitate to email summerschool@district30.org with any questions or concerns.

STAFF RECOGNITION MESSAGES

The District 30 community has regularly demonstrated its unity, care, and appreciation through countless acts of kindness over the years. During a year in which added stress has impacted all of our lives, it is particularly important to take time to find and spread joy to those we are grateful for. Please consider completing [this Google Form](#) with as many messages to the Maple staff as you'd like. Any messages submitted will be shared with the designated staff member.



MAPLE HOMEWORK GRIDS (Updates Weekly)

In an effort to streamline information to our Maple families, our staff has created a single location where all homework can be located for the week for all 6th through 8th grade staff. Please review the [Maple Homework Grids](#).

Please understand that due to changes in teachers' daily lesson plans, homework assignments, and assessments due dates are subject to change.

STRENGTH IS IN THE "SOCIALLY DISTANCED" HERD

As our hybrid in-person and remote learning continues, the Maple P.E. Department would like to thank our community members for their ongoing efforts to support all learners as they strive to make healthy choices, practice mindfulness, and remain physically active. The benefits of being physically active continue to evolve as new data becomes available.

Our goal as a department continues to be to provide students with lifelong learning opportunities designed to educate and increase their individual fitness levels and overall personal well-being.

Please click on the link below to access supplemental reading materials that are shared with students through our P.E. website. Articles are added weekly, so please bookmark this link for future reference. Each article addresses the many benefits and helpful tips for either starting or sustaining a physically active lifestyle during the ongoing COVID-19 Pandemic.

[Benefits of Being Physically Active During Remote Learning, E-Learning, or Hybrid Learning](#)

We are One Herd! Maple P.E.



TEXT A TIP

Dear Parents and Guardians,

Maple School will continue implementing **Text-A-Tip** this school year. With Text-A-Tip, students can send a text message to reach out for help for themselves or friends. The resource allows teens to find anonymous, immediate help if they or their friends are struggling with depression, bullying, difficult family situations, drug or alcohol abuse or any of the many challenges they face today. The service is available 24/7, is completely anonymous, and is staffed with local counselors to support teenagers (and others) who have a concern or a crisis.

We have again partnered with Glenbrook High Schools, Village of Glenview, the Village of Northbrook, and LEAD (Leading Efforts Against Drugs), a Lake Forest-based nonprofit organization focused on promoting healthy family relationships and preventing alcohol and drug use and other risky behaviors by youth. We care deeply about your children’s safety, security, and well-being. The care and support we provide within Maple during school days will continue to be available. We want students to know that help is available to them anytime they need it, simply from the touch of their phone. The school will be actively promoting this new resource directly to students, but we also want parents to be aware of its availability.

How It Works:

To use this service, students text “MAPLE” to the number 1-844-823-5323., and they will receive an immediate response providing further guidance. This is completely anonymous. The counselor cannot see the student’s name or phone number, so he or she can feel absolutely safe reaching out for the help. In addition, a Text-A-Tip app is available for downloading on iTunes and Google Play.

Anyone who sends a text message will receive an immediate text response from a trained, professional counselor. Counselors are provided by LEAD (Linking Efforts Against Drugs). Thanks to a system that routes calls through a cloaking server, texters are completely anonymous, allowing teens freedom to reach out for help without fear. In the case of a life-threatening condition, emergency responders will be notified and be given as much information as is available to help the person in need.

Who Should Use Text-A-Tip?

Text-A-Tip is available for communication of any kind of concern, though it is primarily intended for community members to use when they need immediate mental health assistance or have a drug/alcohol abuse concern for themselves or a friend. Adults can partner with their students to use the service as well to report concerns. Should you have any questions regarding this support service, please do not hesitate to contact us at 847-400-8900.

Sincerely,

Mr. Sam Kurtz and Ms. Betty Holzkopf, Ed.S



Scan Code or
Text **MAPLE** to
1-844-823-5323



Safe.
Anonymous.
Always Available.
24/7 365

Get Help for yourself or for a friend!

DISTRICT 30 SPEAKER SERIES

Contact willowpto@district30.org with any questions.

	<p>D30 Speaker Series Parent Presentation</p> <p>Tuesday, April 20, 2021 7:00 p.m.</p> <p>Zoom Meeting ID: 849 9154 4093 Zoom Passcode: 679193</p>
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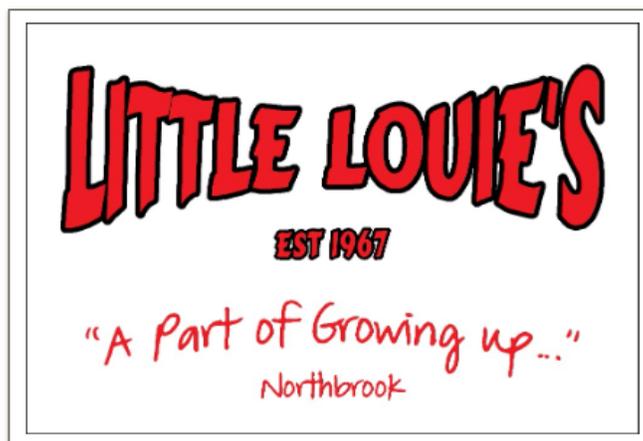
Where Am I? Where's My Stuff? Helping Kids Organize for School

Dori J. Mages' presentation will provide parents with valuable information regarding supporting children during these challenging times. Children are spending more time than ever tethered to technology, and we are witnessing the impact this can have on executive functioning. Real-world, practical strategies will be discussed.

<p>Dori J. Mages, MSW, LCSW</p> <p>Dori Mages is a Licensed Clinical Social Worker and the founder of North Shore Family Services, LLC, a thriving private therapy practice serving the northern Chicago suburbs.</p> <p>Dori has worked with children, teens, adults, and parents since 1994. In addition to her clinical work, Dori is a dynamic speaker on emotional and behavioral health, and has appeared on local news and radio programs, sharing her passion for encouraging children, engaging teens, and empowering families.</p>	 <p>North Shore Family Services</p>
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Join us for an engaging and informative program!

This program is intended for adults only.

MAPLE PTO DINING FOR DOLLARS

Would you like to make your kids happy, avoid dishes, support local business AND raise money for Maple School? If you said yes, we have the answer! Join District 30 families for DINE OUT DAY.

Thursday, April 22
Little Louie's, Northbrook
1342 Shermer Road
847.498.1033

This applies to all day dining; lunch or dinner. Please make sure to mention Maple School when you order. Little Louie's will donate 15% of all sales back to Maple PTO.

We hope to see you all there, and thank you for your support!

8TH GRADE GRADUATION FUNDRAISER

The Maple PTO is hosting a fundraiser for the 8th grade graduation. We have some amazing prizes, and we are selling raffle tickets to raise money for decorations and more. Each raffle is only \$1 each and the more raffles you buy, the more chances you have to win one of the prizes.

All proceeds from the raffles will be utilized by Maple specifically for the 8th grade graduation. Please show your strength in the herd by participating in our 8th grade Graduation fundraiser. Last day to purchase is May 7th. Winners will be notified by email by May 20th. Thank you to all of the businesses below for their generous donations!

\$1 Maple 8th Grade Graduation **\$1**

RAFFLE TICKET FUNDRAISER

\$350 Value
Orange Theory
1 Month Membership, Heart Rate Monitor and Awesome Swag!

Over \$100 Value
BOOK BIN
Selection of 5 Popular Books

\$200 Value
Images Spa
HydroFacial

\$42 Value
Andrea Hogue
Blow Out Service

\$60 Value
Ida's Salon
Mani/Pedi
Downtown Northbrook

\$1 per ticket

Checks Payable to: **MAPLE PTO**
Zelle/Chase Pay: MAPLEPTOTREASURER@GMAIL.COM
(MSG or Memo Field: 8th Grade Graduation, Your LAST Name)

ALL Net Proceeds Go Toward 8TH Grade Graduation!
Questions? soniar@maplepto.org or bbyteeth@me.com