



## Northbrook | Glenview School District 30

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### Health Services Documentation

Dear Parents/Guardians:

It is the goal of District 30 to help each student succeed in school. Some students have health needs that must be taken care of during the school day. Health care services can be provided to eligible students during the school day, so they can learn to their potential. In order to better serve our students, District 30 has created informational forms, which must be completed, if a student requires the development of a health care plan for provision at school. The student's physician must participate in the completion of all requested documentation to ensure that any services delivered by District 30 personnel will appropriately meet the needs of the students with health-related conditions.

We are writing this letter to help you better understand how schools can help students who have special health care needs. Included is information about individual health care plans, Section 504, and the IDEA. The determination of which type of service or plan would best meet the needs of a particular student would be made by a multidisciplinary team inclusive of the student's parents/guardians and the appropriate school personnel. Additional explanatory information about the types of plans that could be considered for a student with a health-related condition is included herein for your information.

#### Individual Health Care Plans

Individual health care plans are plans that can be written in order to meet the health monitoring and/or care of a specific student during the school day or at school-sponsored functions. The school will develop a team that can work with the student's parents/guardians, health care providers, and teachers to write an individual health care plan that will meet the student's special health care needs. Individual health care plans should be written for students who have health conditions that are medically fragile, require complicated or lengthy health procedures during the school day, who require several contacts with the health assistant during the school day, who have conditions that may require emergency care, or who have been granted permission to self-medicate and/or self-monitor in accordance with the local school board's policy.

#### Section 504 of the Rehabilitation Act of 1973

Section 504 protects the rights of individuals with disabilities that substantially limit one or more major life activities to take part in programs and services supported by federal funds. Schools that get federal funding must provide a free and appropriate public education in the least restrictive environment to students with physical and mental health impairments that qualify under Section 504. A team of individuals who know about the student's needs determines if a student is eligible for services under Section 504. The team usually includes a parent/legal guardian, the student (if appropriate), a teacher, a principal, the health office staff, and any other

relevant school personnel who may be involved in the student's school program. If the student is eligible, the team then develops an individual accommodation plan. The purpose of the individual accommodation plan is to ensure that students with disabilities have educational opportunities equal to those provided to students who do not have disabilities. Section 504 is administered through the United States Department of Education Office for Civil Rights.

### **Individuals with Disabilities Education Act (IDEA)**

The IDEA provides eligible students with disabilities, who are determined to need special education and related services to benefit from their educational programs, the legal right to receive a free and appropriate public education in the least restrictive environment. Students, ages 3 through 21 years, may be eligible for services under the IDEA if they need special education and related services to learn. The school team including the student's parents/legal guardians determines if a student is eligible and identifies the health services, if any, that are necessary to enable the student to attend school and to participate fully and safely in educational activities. The team then develops an individualized education program for the student. A diagnosed illness or special health care need alone will not qualify a student for eligibility under the IDEA.

### **Medical Homebound Regulations**

Medical homebound instruction is a service that may also be available for both disabled and nondisabled students who cannot attend school for a medical reason, even if transportation were furnished. A physician must certify that such a medical condition exists and must complete a medical report indicating the medical reason that the student is not able to attend his/her home school. The Director of Student Services or her designee must then decide whether to approve the student's participation in a program for medical homebound instruction. In making a decision about medical homebound instruction, schools should consider the severity of the student's illness or injury, the length of time that the student will be out of school, the possibility that the student's health care needs might be met at school, and the impact that a long period away from school will have on the student's academic success.

If you think that your child has a special health condition that would require a type of plan in order to provide the services required for your child to be successful at school, you may contact your building principal or the District 30 Director of Student Services.

Sincerely,



Lauren Schulman  
Director of Student Services